



CURATIVE POTENTIAL OF AQUEOUS EXTRACT OF SCENT LEAF (*OCIMUM GRATISSIMUM*) ON CISPLATIN INDUCED HEPATOTOXICITY IN ALBINO WISTAR RATS

E. M. Arhoghro¹, C. Ikeh², A.A Uwakwe³, K. E. Ekpo^{4*}, E.O. Anosike⁵

¹Department of Medical Biochemistry, Niger Delta University, Bayelsa State, Nigeria

²Department of Pharmacology, Niger Delta University, Bayelsa State, Nigeria

³Department of Biochemistry, University of Port Harcourt, Rivers State, Nigeria

⁴Department of Biochemistry, Ambrose Alli University, Ekpoma, Edo State, Nigeria

⁵Department of Biochemistry, University of Port Harcourt, Rivers State, Nigeria

*Email: kokoeteekpo@yahoo.com

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ABSTRACT

Cisplatin is an effective chemotherapeutic agent used for a wide variety of tumors, but is reported to be hepatotoxic. In the current study, the dose dependent and time course curative potential of aqueous leaf extract of *Ocimum gratissimum* (O.G.) on cisplatin induced hepatotoxic rats using biochemical and histopathological approaches was evaluated. Male albino wistar rats weighing between 150-200g were randomly separated into four different groups of eighteen (18) rats per group. Rats in group 1 received no cisplatin. Normal saline was administered intraperitoneally (i.p). The rats in group 2 were injected with a single dose of cisplatin (5 mg/kg body weight i.p). Tissue damage was also induced in rats in groups 3 and 4 by a single intraperitoneal-administration of cisplatin (5 mg/kg body weight). After three days, 2ml/kg body weight of 5% and 10% aqueous extract of *Ocimum gratissimum* were administered to rats in groups 3 and 4 respectively, through the oral route using the gavage once daily for 3, 6, 9 and 12 days. Rats in group 2 were given sterile water in place of the extracts while rats in group 1 were the untreated controls. They were all allowed unlimited access to tap water and growers' mash. Results showed the extract to cause significant ($P \leq 0.05$) dose and time related attenuation in the elevation of serum liver enzyme markers of acute hepatocellular injury (ALT, AST and ALP) and increase in serum protein. Cisplatin treatment caused significant increase ($P \leq 0.05$) in serum alanine aminotransferase (ALT) from 43.03 ± 1.29 to 127.90 ± 0.89 U/L and a decrease ($P \leq 0.05$) in serum protein concentration from 93.70 ± 0.61 to 50.43 ± 1.53 g/l. There were considerable decreases ($P \leq 0.05$) in body weight and liver weight to body weight ratio in the test animals. However, most of these observed changes were alleviated by prophylactic treatment with aqueous extract of *O. gratissimum* which was also found to be dose and time dependent ($P \leq 0.05$). The ameliorating effect was further evident through decreased histopathological alterations of liver tissues in the groups treated with aqueous extract of *O. gratissimum* (5% and 10%). The results from this study indicate that aqueous leaf extracts of *O. gratissimum* has anti-hepatotoxic action against cisplatin induced hepatic toxicity in rats. Hence the extracts have the potential to be used for the management of hepatopathies and as a therapeutic adjuvant in cisplatin toxicity.

KEYWORDS: *Ocimum gratissimum*, Aqueous extract, Cisplatin induced hepatotoxicity.

INTRODUCTION

Cisplatin [cis-diamminedichloroplatinum (II)] (CDDP), a platinum-containing anticancer drug, is one of the most commonly used potent antineoplastic agent for the treatment of a wide range of cancers¹. Despite its excellent anticancer activity, the clinical use of cisplatin is often limited by its undesirable severe toxic side effects that interfere with its therapeutic efficacy^{2, 3, 4}. Although, the precise mechanism for the cisplatin-induced toxicity is not well understood, cisplatin is preferentially taken up and accumulated in the liver and kidney cells^{5,6}. While nephrotoxicity of CDDP has been recognized as the most important dose-limiting factor, little is known about CDDP induced liver injury⁷. Extensive investigations have been conducted on the hepatotoxicity as well as general organ toxicity of this anticancer drug^{8,9}. These include light and electron microscopic studies of various organs and biochemical studies of liver enzymes^{8,10}. There is very limited information concerning the effects of these drugs on histopathology and ultrastructure of liver cells. Further, a variety of agents including antioxidants have been shown to attenuate the hepatotoxicity of cisplatin¹¹. Oxidative stress is one of the most important mechanisms involved in CDDP-induced toxicity resulting in the enhanced production of reactive oxygen species, reduction in the mitochondrial membrane potential¹² and decrease in antioxidant enzymes¹³. Therefore, antioxidants administered before cisplatin treatment act against toxicity¹⁴.

The use of herbal products for medicinal benefits has played an important role in nearly every culture on earth. Herbal medicine was practiced by people in Africa, Asia, Europe and

the Americas¹⁵. Over 50 % of all modern clinical drugs are of natural product origin and natural products play an important role in drug development programs of the pharmaceutical industry.

Investigations into the chemical and biological activities of plants during the past two centuries have yielded components for the development of modern synthetic organic chemistry and the emergence of medicinal chemistry as a major route for the discovery of novel and more effective therapeutic agents¹⁶.

Plant foods especially vegetables contribute to both local diets and ethno medicine in developing countries like Nigeria^{17,18}.

Ocimum gratissimum (linn), family labiateae is a shrub commonly found around village huts and gardens¹⁹. The plant is popular among various ethnic groups in Nigeria. It is known as effin ajasin in Yoruba, ebavbokho in Bini, aaid dya ta gida in Hausa, nchanwu in Ibo, froukena in Ijaw and oran in Urhobo. Mostly a weed of the road sides and wasteland, but is also important in pastures. It prefers moist and fertile soils during growth, but will tolerate drought after flowering²⁰. The plant occurs in deciduous forests and savannah and is usually cultivated for its medicinal uses and as food flavour. *Ocimum gratissimum* (O.G) is propagated by seeds or cuttings.

O. gratissimum has been used extensively in the traditional system of medicine in many countries. In the Northeast of Brazil, it is used for medicinal, condiment and culinary purposes. The flowers and leaves of this plant are rich in essential oils, and so it is used in preparation of teas and

infusion²¹. In the coastal areas of Nigeria, the plant is used in the treatment of epilepsy, high fever and diarrhoea²². In the Savannah areas decoctions of the leaves are used to treat mental illness²³. *O. gratissimum* is used by the Ibos of South Eastern Nigeria in the management of the baby's cord; to keep the wound surfaces sterile. It is also used in the treatment of fungal infections, fever, cold and catarrh²⁴. The plant is commonly used in folk medicine to treat different diseases such as upper respiratory tract infections, diarrhoea, headache, diseases of the eye and skin, pneumonia, cough, fever and conjunctivitis²⁵. The oil is known to exhibit antimicrobial, insect repellent, and antihelminthic activities²⁶. Oboh²⁷ reported the antioxidant properties of *O. gratissimum*. The extract of *O. gratissimum* exhibited antibacterial activity²⁸. This extract when fed to rabbits reduced the weight and suppressed the hemopoietic system²⁹. There is also report that leaf extracts from the plant are able to inhibit and even reverse carbon tetrachloride induced hepatotoxicity in rats³⁰. Obianime et al³¹ reported that the serum levels of the hepatic enzymes on prolonged administration of O.G in mouse were not significantly altered. This suggests that hepatic function in the mouse is not adversely affected by O.G. Aguiyi et al³² also reported the hypoglycaemic activity of *O. gratissimum*. In this present study we report the dose and time dependent effects of the aqueous leaf extracts of *O. gratissimum* on cisplatin induced liver damage.

MATERIALS AND METHODS

Animals

Seventy two (72) adult healthy male wistar albino rats, weighing between 150 and 200 g were used in this study. The rats were obtained from the animal house of the Niger Delta University, College of Health Sciences, Bayelsa State and housed in standard cages. They were then allowed free access to standard feed (growers mash) and water for a period of two weeks to acclimatize to the cage environment prior to the commencement of the experiment. All the protocols were performed in accordance with the Institutional Animal Ethical committee (IAEC) as per the directions of the committee for the purpose of control and supervision of experiments on animals (CPCSEA).

Drugs and chemicals

Cisplatin was a product of Korea United Pharm INC, KOREA. Kits from Teco diagnostics Ltd. USA, HUMAN diagnostics Ltd. Germany, Fortress diagnostics Ltd. United Kingdom and Randox from Randox Laboratories Ltd., United Kingdom were used. All other reagents/chemicals obtained from standard suppliers were of analytical grade.

Preparation of extracts

The leaves of *O. gratissimum* were collected from Sagbama in Bayelsa State of Nigeria and were identified at the Department of Plant Science and Biotechnology, University of Port Harcourt, Nigeria.

Air dried leaves of *O. gratissimum* was grounded and later milled into powder form. 50g portion of the milled leaf was weighed and soaked in 500ml of distilled water in a beaker. The mixture was shaken and kept on the laboratory bench for 24hrs before filtering. The filtrate was evaporated to dryness at room temperature in a rotary evaporator to obtain a paste which was further dried in a dessicator with constant changing of the self- indicating silica gel. Appropriate weights of the residue were prepared in distilled water to

obtain concentrations of 5% and 10% (w/v) of *O. gratissimum* that were administered orally to each of the rats.

Experimental design and procedures

Cisplatin model for evaluation of antihepatotoxic activity

Cisplatin BP (50mg/50ml) was administered to the test rats intraperitoneally at a dose of 5mg/Kg body weight^{41, 57}.

Evaluation of curative potential

The rats were divided into four equal groups of eighteen (18) rats per group. In group 1 the rats received no cisplatin. Normal saline was administered i.p. The second group was injected with a single dose of cisplatin (5 mg/kg, i.p) at the beginning of the experiment⁴¹.

Tissue damage was also induced in rats in groups 3 and 4 by a single intraperitoneal-administration of cisplatin (5 mg/kg body weight).

Three days later, 2ml/kg body weight of 5% and 10% aqueous extract of *Ocimum gratissimum* were administered to rats in groups 3 and 4 respectively through the oral route using the gavage once daily for 3, 6, 9 and 12 days. Rats in group 2 were given sterile water in place of the extracts. Rats in group I were untreated controls. They were all allowed unlimited access to tap water and growers' mash.

During the experimental period, animal behavior and body weights were recorded daily. Randomly selected animals of different groups were anaesthetized with urethane.

Blood samples were collected by cardiac puncture after 0, 3, 6, 9, 12 and 15 days for biochemical analyses.

Parts of the liver tissues were immediately taken and fixed in 10% neutral buffered formalin for histopathological examination.

Liver as ratio of body weight

Liver was removed and weighed immediately. Liver ratio was calculated with the following formula, organ ratio (%) = organ weight (g) X 100/body weight(g)

Biochemical Analysis

After the experimental period, animals in different groups were sacrificed. Blood was collected in tubes without anticoagulant to separate serum for various biochemical estimations.

Serum hepatospecific markers

Activities of serum Aspartate transaminase (AST) and Alanine transaminase (ALT) were assayed by the method of Reitman and Frankel³³. Alkaline Phosphatase was estimated according to the method of Rec³⁴. Serum Total Protein was estimated using the Biuret method³⁵.

Histopathological study

Small pieces of liver tissues were collected in 10% formalin for proper fixation. These tissues were processed and embedded in paraffin wax. Sections of 5-6µm in thickness were cut and stained with hematoxylin and eosin.

Statistical Analysis

Data was expressed as Mean ± SD of three estimations. The statistical significance was evaluated by ANOVA using SPSS Version 16 and the individual comparison were obtained by LSD and Tukey method. Values were considered statistically significant when P < 0.05. In order to discern the possible interaction between cisplatin and *Ocimum gratissimum*, two-way analysis of variance was used.

RESULTS

Animal model of cisplatin induced hepatotoxicity was used for the present study. There was significant (P≤0.05) decrease in body weight in the cisplatin treated rats after

15 days when compared with the normal (control) rats (Table 1).

The body weights of rats exposed to cisplatin and the various concentrations (5% and 10%) of aqueous extract of *Ocimum gratissimum*, in groups 3 and 4 respectively, decreased significantly on the 3rd and 6th day but increased on the 9th, 12th and 15th day when compared to the cisplatin treated group ($P \leq 0.05$) (Table 1).

The increase of the body weights by extracts though not statistically significant ($P \geq 0.05$) was dose dependent. Two way analysis of variance indicated that cisplatin and the extracts showed significant interaction between time and doses on body weight ($P \leq 0.05$) (Table 1)

Moreover a significant ($P \leq 0.05$) decrease in liver as % of body weight was noticed in cisplatin treated rats after 15 days when compared with the normal (control) (Table 2). Also, the administration of cisplatin along with various concentrations (5% and 10%) of the aqueous extracts (O.G.) increased liver weight as % of body weight significantly ($P \leq 0.05$) in all groups receiving treatment with the extracts after 15 days when compared with the cisplatin treated group (Table 2).

The increase in liver weight as % of the body weight by extracts though not statistically significant ($P \geq 0.05$) was dose dependent. Two way analysis of variance indicated that cisplatin and the extracts showed significant interaction between time and doses on liver weight as % of body weight ($P \leq 0.05$) (Table 2).

Intraperitoneal administration of cisplatin (5mg/kg i.p.) caused abnormal liver function in all rats. Serum aspartate aminotransferase (AST), alanine aminotransferase (ALT) and alkaline phosphatase (ALP) levels increased ($P \leq 0.05$) in the group treated with cisplatin only, after 3 days when compared with the normal (control). There were, however, slight

decreases ($P \geq 0.05$) on the 12th and 15th day (Tables 3, 4 and 5)

The serum AST, ALT and ALP levels of rats exposed to cisplatin and the various concentrations (5% and 10%) of aqueous extract of *Ocimum gratissimum* in groups 3 and 4 increased significantly on the 3rd day but decreased on the 9th, 12th and 15th day when compared to the cisplatin treated group ($P \leq 0.05$) (Tables 3,4 and 5). The decrease in serum AST, ALT and ALP levels by extracts were dose dependent ($P \leq 0.05$). The effect of time of administration of aqueous extract of *O. gratissimum* on ALT, AST and ALP activities was statistically significant ($P \leq 0.05$).

Two way analysis of variance indicated that cisplatin and the extracts showed significant interaction between time and doses on serum AST, ALT and ALP levels ($P \leq 0.05$).

Also, there was significant ($P \leq 0.05$) decrease in serum protein in the cisplatin treated rats after 5 days when compared with the normal (control) rats (Table 6).

The serum protein of rats exposed to cisplatin and the various concentrations (5% and 10%) in groups 3 and 4 respectively, decreased significantly on the 3rd day but increased on the 6th, 9th, 12th and 15th day when compared to the cisplatin treated group ($P \leq 0.05$) (Table 6).

The increase of the serum protein by the extracts though not statistically significant ($P \geq 0.05$) was dose dependent. The effect of time of administration of aqueous extract of *O. gratissimum* on protein concentration was statistically significant ($P \leq 0.05$).

Two way analysis of variance indicated that cisplatin and the extracts showed significant interaction between time and doses on serum protein ($P \leq 0.05$) (Table 6).

Table 1: Effect of administration of aqueous extract of o.g on body weight (g) on cisplatin induced hepatotoxicity in rats¹

Groups/Treatment	Body weight (g)					
	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	165.93 \pm 0.31 ^a	174.33 \pm 0.29 ^a	175.73 \pm 0.46 ^a	179.43 \pm 0.40 ^a	190.50 \pm 0.50 ^a	209.17 \pm 0.29 ^a
Cis(5mg/kg i.p.) +2ml water	215.50 \pm 0.50 ^b	162.83 \pm 0.29 ^b	155.50 \pm 0.50 ^b	159.77 \pm 0.25 ^b	162.93 \pm 0.31 ^b	159.97 \pm 0.87 ^b
Cis (5mg/kg i.p.)+2ml 5% O.G	176.93 \pm 0.31 ^c	153.90 \pm 0.26 ^c	149.97 \pm 0.15 ^c	156.73 \pm 0.31 ^c	164.13 \pm 0.15 ^c	175.17 \pm 0.40 ^c
Cis (5mg/kg i.p.) +2ml 10% O.G	164.10 \pm 0.36 ^d	137.10 \pm 0.36 ^d	140.67 \pm 0.58 ^d	149.80 \pm 0.26 ^d	155.87 \pm 0.42 ^d	162.90 \pm 0.17 ^d
Results of one-way ANOVA F- value P- value	14250 p< 0.05	11270 p< 0.05	4110 p< 0.05	4206 p< 0.05	7010 p< 0.05	7011 p< 0.05

¹Data are Mean \pm SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD and Turkey). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 8327, p<0.05. Treatment effect, p<0.05, F = 33790; time effect, p < 0.05, F = 15640

Table 2: Effect of administration of aqueous extract of o.g on liver weight as % of body weight on cisplatin induced hepatotoxicity in rats¹

Groups/Treatment	Liver weight as % body weight (%)					
	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	3.18 \pm 0.01 ^a	3.16 \pm 0.00 ^a	3.18 \pm 0.01 ^a	3.17 \pm 0.02 ^a	3.17 \pm 0.01 ^a	3.18 \pm 0.01 ^a
Cis (5mg/kg i.p.) +2ml water	3.17 \pm 0.01 ^a	2.61 \pm 0.00 ^b	2.53 \pm 0.01 ^b	2.51 \pm 0.01 ^b	2.52 \pm 0.00 ^b	2.53 \pm 0.01 ^b
Cis (5mg/kg i.p.)+2ml 5% O.G	3.17 \pm 0.00 ^a	2.60 \pm 0.00 ^b	2.75 \pm 0.01 ^c	2.83 \pm 0.01 ^c	2.91 \pm 0.00 ^c	3.01 \pm 0.00 ^c
Cis (5mg/kg i.p.) +2ml 10% O.G	3.18 \pm 0.01 ^a	2.62 \pm 0.01 ^b	2.77 \pm 0.01 ^c	2.82 \pm 0.00 ^c	2.93 \pm 0.01 ^d	3.05 \pm 0.01 ^d
Results of one-way ANOVA F- value P- value	1.86 p> 0.05	365.39 p< 0.05	338.40 p< 0.05	4161 p< 0.05	4050 p< 0.05	1645 p< 0.05

¹Data are Mean \pm SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD and Turkey). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 1710, p<0.05. Treatment effect, p<0.05, F = 4169; time effect, p < 0.05, F = 6500

Table 3: Effect of administration of aqueous extract of o.g on serum ast activity (u/l) on cisplatin induced hepatotoxicity in rats¹

Serum AST (U/L)						
Groups/Treatment	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	69.40 ± 0.62 ^a	69.20 ± 0.95 ^a	69.87 ± 1.42 ^a	73.27 ± 0.47 ^a	69.60 ± 1.10 ^a	69.60 ± 0.62 ^a
Cis (5mg/kg i.p) +2ml water	65.87 ± 0.21 ^a	182.37 ± 2.15 ^b	187.83 ± 0.95 ^b	195.30 ± 0.26 ^b	174.60 ± 1.15 ^b	152.83 ± 0.29 ^b
Cis (5mg/kg i.p)+2ml 5% O.G	70.80 ± 0.46 ^a	185.37 ± 1.19 ^b	188.60 ± 0.90 ^b	134.23 ± 1.68 ^c	108.50 ± 1.15 ^c	89.67 ± 0.55 ^c
Cis (5mg/kg i.p))+2ml 10% O.G	72.83 ± 0.75 ^b	181.93 ± 1.70 ^b	191.70 ± 1.47 ^c	127.33 ± 0.90 ^d	93.97 ± 0.64 ^d	83.87 ± 0.75 ^d
Results of one-way ANOVA F- value P- value	49.11 p<0.05	3164 p<0.05	5024 p<0.05	2607 p<0.05	2997 p<0.05	2051 p<0.05

¹Data are Mean ± SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD and Turkey). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 6082, p<0.05. Treatment effect, p<0.05, F = 28770; time effect, p < 0.05, F = 10370

Table 4: Effect of administration of aqueous extract of o.g on serum alt activity (u/l) on cisplatin induced hepatotoxicity in rats¹

Serum ALT (U/L)						
Groups/Treatment	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	41.40 ± 1.59 ^a	39.23 ± 0.57 ^a	43.30 ± 1.14 ^a	43.17 ± 1.76 ^a	42.43 ± 0.65 ^a	44.60 ± 1.37 ^a
Cis (5mg/kg i.p) +2ml water	43.03 ± 1.29 ^a	137.77 ± 0.71 ^b	139.10 ± 1.21 ^b	137.53 ± 0.57 ^b	132.27 ± 0.92 ^b	127.90 ± 0.89 ^b
Cis (5mg/kg i.p)+2ml 5% O.G	46.33 ± 0.75 ^b	135.37 ± 0.91 ^c	139.73 ± 1.86 ^b	108.03 ± 1.10 ^c	91.57 ± 2.23 ^c	54.47 ± 0.83 ^c
Cis (5mg/kg i.p))+2ml 10% O.G	42.73 ± 0.57 ^a	135.20 ± 1.31 ^c	137.50 ± 0.60 ^b	101.63 ± 0.40 ^d	84.43 ± 1.1 ^d	48.90 ± 0.30 ^d
Results of one-way ANOVA F- value P- value	7.85 p<0.05	5608 p<0.05	2545 p<0.05	2260 p<0.05	1343 p<0.05	4173 p<0.05

¹Data are Mean ± SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD and Turkey). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 4461, p<0.05. Treatment effect, p<0.05, F = 8370; time effect, p < 0.05, F = 19950

Table 5: Effect of administration of aqueous extract of o.g on serum alp activity (u/l) on cisplatin induced hepatotoxicity in rats¹

ALP(U/L)						
Groups/Treatment	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	235.22 ± 4.48 ^a	232.39 ± 1.36 ^a	248.70 ± 0.25 ^a	245.47 ± 0.78 ^a	245.53 ± 0.86 ^a	233.39 ± 2.77 ^a
Cis (5mg/kg i.p) +2ml water	245.76 ± 2.13 ^b	388.56 ± 1.32 ^b	388.39 ± 1.11 ^b	388.91 ± 1.65 ^b	386.45 ± 0.71 ^b	383.76 ± 0.98 ^b
Cis (5mg/kg i.p)+2ml 5% O.G	247.75 ± 3.49 ^b	386.77 ± 0.33 ^b	375.68 ± 0.39 ^c	335.50 ± 0.98 ^c	289.02 ± 1.41 ^c	245.72 ± 0.86 ^c
Cis (5mg/kg i.p))+2ml 10% O.G	236.83 ± 1.95 ^a	384.21 ± 0.25 ^c	372.07 ± 1.24 ^d	328.81 ± 1.93 ^d	286.94 ± 1.13 ^c	241.34 ± 1.19 ^d
Results of one-way ANOVA F- value P- value	11.8 p<0.05	16190 p<0.05	2378 p<0.05	3418 p<0.05	7004 p<0.05	4310 p<0.05

¹Data are Mean ± SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 4461, p<0.05. Treatment effect, p<0.05, F = 8370; time effect, p < 0.05, F = 19950

Table 6: Effect of administration of aqueous extract of o.g on serum total protein (g/l) on cisplatin induced hepatotoxicity in rats¹

Serum Total protein (g/l)						
Groups/Treatment	0days ²	3days	6days	9days	12days	15days
Control (normal saline)	97.47 ± 0.61 ^a	94.17 ± 0.45 ^a	93.97 ± 0.78 ^a	89.40 ± 0.62 ^a	95.03 ± 0.70 ^a	94.37 ± 0.64 ^a
Cis (5mg/kg i.p) +2ml water	93.70 ± 0.61 ^b	49.27 ± 0.49 ^b	49.10 ± 0.20 ^b	41.00 ± 0.67 ^b	44.57 ± 1.46 ^b	50.43 ± 1.53 ^b
Cis (5mg/kg i.p)+2ml 5% O.G	96.17 ± 0.80 ^c	46.63 ± 1.40 ^c	57.13 ± 0.86 ^c	69.63 ± 0.64 ^c	73.23 ± 1.42 ^c	77.77 ± 0.81 ^c
Cis (5mg/kg i.p))+2ml 10% O.G	96.03 ± 0.40 ^c	47.67 ± 0.51 ^c	61.73 ± 1.58 ^d	73.83 ± 0.70 ^d	77.90 ± 0.70 ^d	79.37 ± 0.95 ^c
Results of one-way ANOVA F- value P- value	18.28 p< 0.05	1668 p < 0.05	407.51 p < 0.05	1703 p < 0.05	862.58 p < 0.05	592.79 p < 0.05

¹Data are Mean ± SD (n = 3). Means in the same column with different superscript letter(s) are significantly different, p<0.05 (one-way ANOVA followed by post-hoc LSD). ²Significant interaction was observed between time and dose among groups by overall 2-way ANOVA; F = 1282, p<0.05. Treatment effect, p<0.05, F = 3251; time effect, p < 0.05, F = 4991

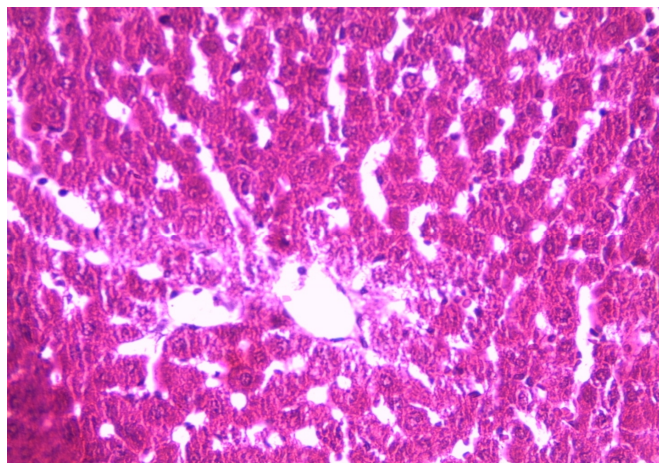


Plate 1 Liver (normal) with cords of hepatocytes well preserved cytoplasm not vacuolated. Sinusoids well demarcated no area of necrosis, no fatty change, no fatty degeneration

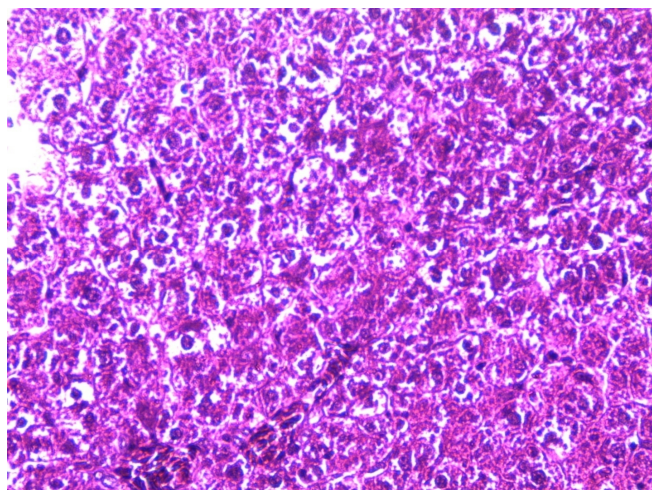


Plate 2 Liver (treated with 5mg/kg cisplatin) showing enlarged hepatocytes with vacuolation of cytoplasm. There is compression of the sinusoid

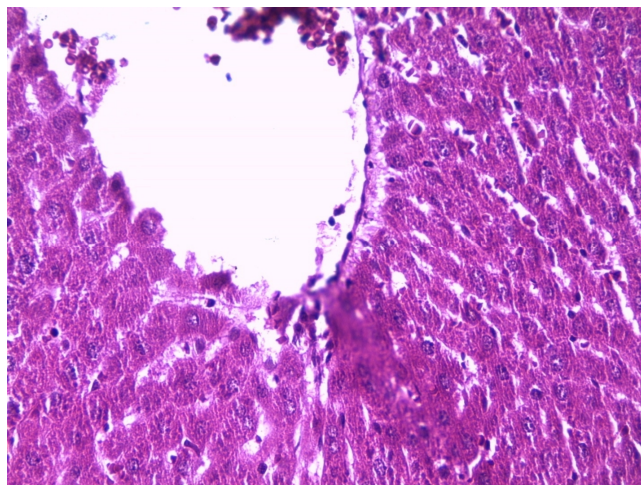


Plate 3 Liver (treated with cisplatin + 5% O.G) is essentially normal

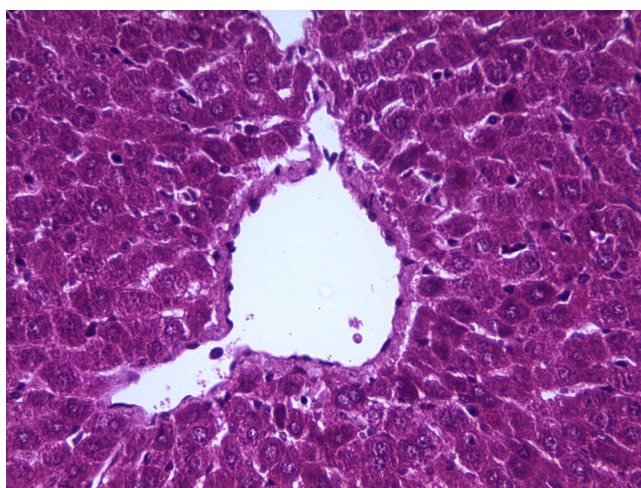


Plate 4 Liver (treated with cisplatin + 10% O.G) with normal architecture. Cords of hepatocytes well preserved cytoplasm not vacuolated. Sinusoids well demarcated no area of necrosis, no fatty change, no fatty degeneration

DISCUSSION

The consumption of plant products as complementary/alternative medicine has been encouraged because they are relatively cheap. This is coupled with the belief that they could significantly contribute to the improvement of human health in terms of cure and the prevention of various human disorders. In addition there are less frequent side effects reported when compared to modern medicine³⁶.

Liver plays a very important role in the metabolism of foreign compounds entering the body. The exposure to the foreign compounds may be through consumption of alien/contaminated foods, from exposure to chemical substances in the occupational environment or through synthetic drugs consumed for various pathological conditions. These compounds have many toxic manifestations on the human liver³⁷. In humans, hepatitis or liver injury is also caused by viruses, chemicals, alcohol and autoimmune diseases. Liver diseases remain one of the serious health problems and medicinal plants and herbs have been in use for treating these. The present modern age demands proof on a scientific basis to justify the various medicinal uses of herbs³⁸. Although the biologically active compounds in most of the herbal drugs are unknown, they are being used / prescribed widely because of their effectiveness (ascertained through

traditional knowledge) at a relatively low cost and fewer side effects. However, safe drugs for serious liver disorders continue to be an area of interest³⁹.

Cisplatin, a heavy metal complex, is an effective chemotherapeutic agent for a wide variety of tumors⁴⁰. Nevertheless, it has several toxicities and side effects including hepatotoxicity^{41, 42} and nephrotoxicity⁴⁰. The cytotoxicity caused by cisplatin is considered to be due to several factors viz., the peroxidation of cell membranes, mitochondrial dysfunction, inhibition of protein synthesis, and DNA damage^{43, 44, 45}. Many antioxidative agents have been analyzed in experimental and clinical studies looking for an agent to reduce or prevent cisplatin-induced hepatotoxicity^{46, 47, 48}.

Much attention has been given to the possible role of dietary antioxidants in protecting liver against cisplatin-induced toxicity⁴⁹. Phytochemicals, including flavonoids, are naturally occurring antioxidants that possess various pharmacological actions and therapeutic applications^{50, 51}. So, due to their phenolic structures they inhibit free radical-mediated processes⁵². Many antioxidant compounds have been studied as chemoprotective agents such as, curcumin, selenium and other dietary components that scavenge free radicals formed by exposure to cisplatin^{53, 54}.

Most studies reported previously, were designed to administer drugs before or at the same time of hepatic insult. However, most therapeutic agents are usually administered after the expression of clinical diseases. Therefore it was hypothesized that *Ocimum gratissimum* (O.G.) might affect the course of hepatic repair after the onset of cisplatin-induced hepatotoxicity, and thus, accelerate recovery in the rats.

Chemotherapeutic levels of cisplatin known to induce hepatic injury in rats is thought to be a single dose of 5 mg/kg body weight which peaks in about 3 – 5 days^{55, 56, 57} thus the choice of a single dose of 5 mg/kg body weight, and the three days exposure before the administration of the aqueous extracts of *O. gratissimum* for the present study.

Hepatotoxicity in this study was gauged by weight loss, liver weight/ body weight ratio and ALT, AST, ALP activities and serum protein. Recent studies have been focused on the ways for protection of cisplatin hepatotoxicity^{41, 58, 59, 60, 61, 62}.

However, little has been reported regarding the use of *Ocimum gratissimum* against hepatotoxicity^{30, 63, 64}.

In the present investigation a single dose of cisplatin (5 mg kg⁻¹), in male albino rats resulted in significant body weight reduction and decreased food intake. In accordance with present results, Chirino *et al*⁶⁵ suggested that after 3 days i.p. administration of a single dose of cisplatin to male Wistar rats (7.5 mg kg⁻¹) significantly depressed their body weight. Confirming our point of view, Shimeda *et al*⁶⁶ and Norrgren *et al*⁶⁷, stated that cisplatin has been shown to decrease total body weight in male Sprague Dawley rats and Wistar rats, respectively. Mora *et al*¹³ suggested that cisplatin induced weights loss might be due to gastrointestinal toxicity and reduced ingestion of food.

Post-treatment of aqueous extract of *Ocimum gratissimum* (O.G.) three days after cisplatin injection remarkably ameliorated the reduction in body weight induced by cisplatin; the increase was most pronounced on the 15th day.

Cisplatin induced liver damage was characterized by a significant decrease ($P \leq 0.05$) in the liver weight to body weight ratio. This change was more pronounced on the 15th day of the experiment. (Table 1) This result was consistent with Lee *et al*¹⁴, who indicated that cisplatin treatment for 15 days in BALB/C mice resulted in liver weight loss manifested by significant depression as a percentage of the total body weight.

Post-treatment of aqueous extract of *O. gratissimum* returned the liver weight to body weight ratio close to normal after 9 days (Table 2). However, after 15 days post-treatments of aqueous extract of *O. gratissimum* treatment resulted in higher significant elevation of these values compared to cisplatin treated groups (Table 2). Results reported by Favari and Pérez-Alvarez⁶⁸ were in agreement with our findings; where rats, receiving chronic administration of CCl₄ followed by oral intake of silymarin, 50 mg kg⁻¹ for 5 days, exhibited elevation in the liver weight to body weight ratio that was more than twice that of the CCl₄ treated group.

During the present work biochemical evidence of hepatic injury has been demonstrated by elevated levels of AST, ALT, ALP and decrease in serum protein. Also, intraperitoneally administered Cisplatin (5 mg kg⁻¹) in male wistar albino rats led to notably elevated levels of these biochemical markers ($P \leq 0.05$). In contrast, oral administration of aqueous extract of *O. gratissimum* (5% and 10%) after cisplatin administration caused a decline in

hepatotoxicity on the 15th day for rats treated with cisplatin. This was evidenced by marked decreases in serum AST, ALT, ALP activities and increase in serum protein level of those treated with *O. gratissimum* relative to the group treated with cisplatin alone (Table 3-6).

Serum AST, ALT and ALP are the most sensitive markers employed in the diagnosis of hepatic damage because these are cytoplasmic in location and are released into the circulation after cellular damage⁶⁹.

The decrease in the activities of the three most prominent marker enzyme ALT, AST and ALP with the administration of *Ocimum gratissimum* is in agreement with work by Effraim *et al*²⁹ who noted that aqueous leaf extract of O.G reduced/suppressed the activities of the liver enzymes in rabbits when given orally twice a week for four weeks. Arhoghro *et al*³⁰ also reported that aqueous extracts of *O. gratissimum* after establishment of CCl₄-induced liver damage significantly reduced and reversed the liver damage in rats.

The reduction of the ALT, AST and ALP activities by both extract ($P \leq 0.05$) was dose dependent. The effect of time of administration of aqueous extract of *O. gratissimum* on ALT, AST and ALP activities was statistically significant ($P \leq 0.05$) (Tables 3- 6).

This marked decrease in the activities of the three marker enzymes ALT, AST and ALP with administration of aqueous leaf extracts of *O. gratissimum* in cisplatin induced hepatotoxicity was in agreement with studies carried out by other researchers on cisplatin induced hepatotoxicity by other herbal plants such as black grape and tomato juice⁷⁰; Silymarin⁷¹; Zerumbone⁶². During the present work, it could be elucidated that the decrease in protein level is likely due to the impairment of protein synthetic activity during stress conditions⁷². Histopathological studies of the liver demonstrated that cisplatin (compared to normal) induces fatty degeneration, fatty change, distended hepatocytes, and compression of sinusoids and vacuolation of cytoplasm. These changes could be as a result of biochemical changes that occurred in liver cells. As observed in this study, increase in the liver enzyme activities is secondary to the liver dysfunction and is also associated with disruption of cellular structure.

This is in agreement with findings of Krisha and Keena⁷³ and Kiceniuk *et al*⁷⁴ who observed that xenobiotics caused an elevation of liver enzyme activity resulting to severe liver damage. O.G + Cisplatin treated liver which are the test groups (3 and 4) generally showed defects observed in the cisplatin treated rats. There was significant improvement when compared to liver treated with cisplatin alone. There were however, liver in some of the groups that reverted completely to normal liver Plate 3 and 4.

Results were in agreement with work done on other plants in cisplatin hepatotoxicity such as Silymarin⁷¹; Zerumbone⁶².

Phytochemical screening of the leaf extract of *O. gratissimum* (O.G) had shown the plant to contain alkaloids, saponins, tannins, alkaloids, anthraquinone, flavonoid, steroids, terpenoids and cardiac glycosides^{23, 75, 76}. Flavonoids are reported to exhibit antioxidant activity⁷⁷ and are effective scavengers of superoxide anions⁷⁸. The aqueous extract of *O. gratissimum* may have exhibited hepatoprotective activity due to its possible antioxidant content attributable to flavonoids. Interestingly, saponins especially terpene glycosides are reported to enhance natural

resistance and recuperative powers of the body⁷⁹ and *O. gratissimum* has been shown to be a rich source of this compound^{31, 80}.

Effriam *et al.*²⁹ reported the presence of flavonoids and saponins in the leaf of *O. gratissimum*, while Effriam *et al.*²² showed from histopathological studies that *O. gratissimum* can be used as a hepatoprotective agent. *O. gratissimum* is known to have hepatoprotective effect against numerous liver diseases^{63, 64}. Arhoghro *et al.*³⁰ reported that aqueous extract of *Ocimum gratissimum* has antihepatotoxic activity against CCl₄ induced hepatotoxicity in wistar albino rats. However, no study has focused on the hepatoprotective effect of *Ocimum gratissimum* on cisplatin-induced toxicity.

In conclusion, results from our studies have shown that treatment with *O. gratissimum* extracts after establishment of cisplatin induced hepatotoxicity significantly reduced the toxicity in rats.

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